

# Continence Care in Residential & Nursing Homes

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## Overview

This course of Continence Care inform delegates to provide extra special care and sensitivity towards the Elderly. Many residents are likely to have some degree of urinary incontinence or dysfunction. Urinary incontinence in this setting should not be viewed as inevitable as with good management it may be preventable. Incontinence is a symptom of underlying problems which with simple assessment and investigation, can be identified and treated. Even when a cure is not achievable, optimum methods of incontinence management can produce “social continence” alleviate embarrassment of preserve patient dignity. This course will provide a brief guide for carers and nurses in care sector.

## Course content:

The following topics are covered in this course.

- Confirm Patients Frequency volume chart
- Medical conditions associated with incontinence
- Psychological conditions associated with incontinence
- Diagnosis and management
- Aid and Equipment, referrals for specialists advise
- Improving Care

## Entry Requirements:

A programme of basic education on continence promotion is essential for all staff working with elderly residents. A method of ensuring this is to nominate one person to develop a special interest, and to act as a resource for other staff. A Clinical Nurse Specialist for the elderly should be employed to visit all nursing and residential homes regularly to review patient management and staff education programmes.

## Assessment:

We can deliver this course on your premises, reducing costs in respect of additional time out and travelling. Our trainer will carry out on going Assessment.

## Qualification

On completion of the course. All delegates will receive Certificate of Attendance

## Duration of course

Depending on module

## Attendance Options

Days/Evenings/Weekends