

Dementia Awareness

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Overview

This Dementia Awareness course has been designed as an introduction to dementia so that carers can learn more about the subject and feel more confident about caring for someone with the condition. The course covers all aspects of dementia, including the symptoms to look out for, information on how dementia is diagnosed and tips for adaptations you can make to the person's home and lifestyle in order to make everyday living easier.

Course content:

The following topics are covered in this course.

- Introduction – what is Dementia and can it be prevented? Dementia statistics, the types of dementia and the people most at risk
- Symptoms of Dementia – the role of a carer, memory loss, disorientation, personality change, difficulties with everyday tasks and words and how dementia progresses.
- Diagnosis – contacting a doctor, early diagnosis, how dementia is diagnosed, contacting a support group, living and work arrangements, driving, legal & financial affairs & treatment of dementia
- Caring for Someone with Dementia – remaining independent, managing relationships, memory aids, everyday life, diet and general health and getting further help and support
- Home Adaptations for People with Dementia – introducing changes, adaptations for the kitchen, bathroom, living space & stairways, lighting, warmth, specialist equipment & further contacts

Entry Requirements:

This course is suitable for carers who are looking after a person with dementia or who wish to learn more about the condition. The course is suitable for learners of all levels, including those who work in care home settings, medical settings or simply relatives who are looking after a family member with the condition at home. It is designed as an introduction to the topic of dementia and so no pre-requisite training or knowledge is needed.

Assessment:

We can deliver this course on your premises, reducing costs in respect of additional time out and travelling. Our trainer will carry out on going assessments.

Qualification

On completion of the course. All delegates will receive Certificate of Attendance

Duration of course

Depending on module

Attendance Options

Days/Evenings/Weekends