

Moving & Manual Handling

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Overview

The Moving and Handling of People Training Course deals specifically with the handling of people and is relevant to healthcare workers/ providers.

Course content:

It follows a minimal handling/ lifting policy, however, it includes guidance on Risk Assessment. This is a very popular course and is ideal for anyone who assists in moving and / or handling people as part of their role.

The following topics are covered in this course.

- Reducing risks of Manual Handling
- Causes of Back Injuries and Back Care
- Anatomy and Function
- Theory and Practice in manual Handling Techniques.
- Load Handling
- Ergonomics and Risk Assessment
- Legislation Governing Moving and Handling
- Safer Handling Principles.

Entry Requirements:

The course is open to everyone. Candidates must be employed in a workplace relevant to the occupational standards for Health and Social Care to enable them to complete the course successfully.

Assessment:

We can deliver this course on your premises, reducing costs in respect of additional time out and travelling. Our trainer will carry out on going assessments.

Qualification

On completion of the course. All delegates will receive Certificate of Attendance

Duration of course

Depending on module

Attendance Options

Days/Evenings/Weekends