

# Stroke Awareness

## Stroke Awareness

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### Overview

This course is an invaluable learning event for all staff working with individuals who have had a stroke. The course looks at the cause of strokes, the effects on the person following a stroke and the support needs including person centred working. The training is particularly useful for staff working with patients who are at high risk of suffering stroke, but nevertheless, it would add value to a range of care settings. Delegates will be taught how to identify the symptoms and effects of a stroke, and will also be introduced to the standard treatment methods and their side effects.

### Course content:

The following topics are covered in this course.

- Identify the different parts of the circulatory system.
- Explain how heart disease impacts the circulatory system
- Identify the different types of stroke and their causes
- Identify the signs and symptoms of a stroke and who is at a risk of a stroke
- Explore both rehabilitation and long term needs of a person following a stroke
- Explore care planning and person centred approaches to supporting the individual
- Treating individuals who have had a stroke

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### Entry Requirements:

The Stroke Awareness course is ideal for those who are currently employed, or looking to work, in the healthcare sector. Delegates will be expected to engage in a number of group activities.

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### Assessment:

We can deliver this course on your premises, reducing costs in respect of additional time out and travelling. Our trainer will carry out on going assessments.

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### Qualification

On completion of the course. All delegates will receive Certificate of Attendance

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### Duration of course

Depending on module

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### Attendance Options

Days/Evenings/Weekends